

# AE Fitness Facility Guidelines

UPDATED 3/1/22

- **Online Reservations Encouraged for All Individual Workouts**
- **Face Masks are Optional Based on Vaccination Status**
  - *AE is Following All Current State & Township Guidelines*
- **Workout Duration Should be Kept to 60 Minutes or Less When Gym Volume is High**
- **Hand Washing Required Upon Entry**
- **Physical Distancing of 6 Feet or More Encouraged**
- **All Equipment Must be Disinfected After Use**
- **Locker Rooms Now Fully Open**
- **Personal Items Should be Limited and Kept Outside of the Facility Whenever Possible**
- **Compliance with AE Fitness Staff is Mandatory for Your Safety and the Safety of Others**

**Thank You & Welcome Back!**

